

# HOLY CROSS COLLEGE CAFÉ MENU - SPRING/SUMMER 2018

**During Lent the College Café will be meat free on Friday's.**

Our College Café aims to provide students, staff and our College community with both a nutritious and affordable range of foods to encourage all to make 'healthy choices for their lives including healthy food choices.' The Café is open for breakfast daily and open every day for recess and lunch. Availability of some items will be determined on the day. **Prices are subject to change without notice.**



Taco Tuesday

Students are to pay for items in cash at the time they are purchased. **Please no 'on account' requests.** In keeping with our Healthy Eating Policy, pastries will be sold on Monday and Friday only.

Parent help is always needed and appreciated. Please feel free to pop in.

<b>RECESS SNACK ATTACK!!!</b>		<b>*FRESH ROLLS/SANDWICHES/PITA BREAD WRAPS</b>	
Cheese and vegemite roll	\$3.50	Lunch box (sandwich, fresh fruit and 350ml water)	\$5.00
Fruit	\$ .50	wrap extra	\$1.00
Cup of berries and yogurt	\$2.00	Chicken strip or fish strip wrap	\$4.50
Cup of vanilla yogurt & nut free muesli	\$2.00	Meat and salad roll	\$4.00
Toasted cheese sandwich	\$2.50	<b>SANDWICHES (Rolls \$.50 extra)</b>	
Cheese Bag and crackers	\$2.50	Ham and salad	\$3.50
Crunch Bag (veggie sticks & dip option)	\$2.50	Chicken and salad	\$3.50
Pop-Corn or Vegi Chips	\$1.20	Tuna and salad	\$3.50
Fresh Fruit	\$ .50	Cheese and salad	\$3.50
Yoghurt or Yogo	\$2.00	Egg curried or plain	\$3.00
		Plain salad	\$3.00
		Continental roll	\$4.50
		<b>HOT and Healthy</b>	
		Nachos with salsa and cheese	\$4.50
		Hot chicken and mayonaise roll	\$4.00
		Toasted ham, tomato and cheese sandwich	\$3.50
		Toasted chicken and cheese sandwich	\$3.50
		Burgers with salad choice of chicken, beef or vegetarian	\$4.50
		Vegetarian spring roll or vegetarian pizza	\$3.50
		<b>DAILY MEALS</b>	
		<b>MONDAY</b> Chicken Caesar salad or wrap	\$5.00
		<b>TACO TUESDAY</b> 2 Tacos with salad and cheese (1 \$3.50)	\$5.00
		<b>WEDNESDAY</b> Daily Special, Enjoy!	\$5.00
		<b>THURSDAY</b> Beef Lasagne, garlic bread and salad	\$5.00
		<b>FRIDAY</b> Fish, Salad and Wedges	\$5.00
		<b>PASTRIES Monday and Friday ONLY (Thursday Lent)</b>	
		Gluten free sausage roll (Tomato sauce add \$ .30)	\$4.00
		Party pie (Tomato sauce add \$ .30)	\$1.00
		Spinach and Ricotta Roll (Tomato sauce add \$ .30)	\$3.50
		Sausage Roll (beef) (Tomato sauce add \$ .30)	\$3.00
		Cruizier Pie beef or beef and cheese (Tomato sauce add \$.30)	\$4.50
<p>*Fresh rolls, sandwiches, pita bread wraps - salad is included on all: lettuce, tomato, cucumber and carrot. Please advise if you have a different preference or make a standing order.</p> <p>*All hot meals are made fresh daily.</p>			

**Cathie Lewis Cafe Manager 8am-3pm**

Monday Chicken Ceasar Salad



Thursday Beef Lasagne

