

HOLY CROSS COLLEGE CAFÉ MENU - SUMMER/AUTUMN 2017

During Lent the College Café will be meat free Friday 3 March to Friday 7 April.

Our College Café aims to provide students, staff and our College community with both a nutritious and affordable range of foods to encourage all to make 'healthy choices for their lives including healthy food choices.' The Café is open for breakfast daily and open every day for recess and lunch. Availability of some items will be determined on the day. **Prices are subject to change without notice.**



Taco Tuesday

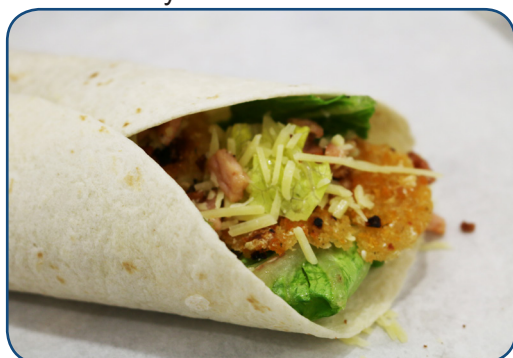
Students are to pay for items in cash at the time they are purchased. **Please no 'on account' requests.** In keeping with our Healthy Eating Policy, pastries will be sold on Monday and Friday only.

Parent help is always needed and appreciated. Please feel free to pop in.

RECESS SNACK ATTACK!!!		*FRESH ROLLS/SANDWICHES/PITA BREAD WRAPS	
Cheesie and vegemite roll	\$3.00	Lunch box (sandwich, fresh fruit and 350ml water)	\$5.00
Apple Slinky	.50	wrap extra	\$1.00
Toasted baked bean sandwich	\$2.00	Chicken strip wrap	\$4.00
Toasted spaghetti sandwich	\$2.00	Meat and salad roll	\$4.00
Toasted cheese sandwich	\$2.00	SANDWICHES (Rolls \$.50 extra white or multigrain)	
Cheese Bag and crackers	\$2.50	Ham and salad	\$3.50
Crunch Bag (veggie sticks & dip option)	\$2.00	Chicken and salad	\$3.50
Fruit smoothie (banana or mango)	\$2.00	Tuna and salad	\$3.50
Pop-Corn or Vegi Chips	\$1.20	Cheese and salad	\$3.50
Fresh Fruit	\$.50	Egg curried or plain	\$3.00
Yoghurt or Yogo	\$2.00	Plain salad	\$3.00
		Continental roll	\$4.50
		HOT and Healthy	
		Nachos with salsa and cheese	\$4.50
		Hot chicken and mayonaise roll	\$4.00
		Toasted ham, tomato and cheese sandwich	\$3.50
		Toasted chicken and cheese sandwich	\$3.50
		Burgers with salad choice of chicken, beef or egg	\$4.50
		Vegetarian spring roll or vegetarian pizza	\$3.50
		DAILY MEALS	
		MONDAY Chicken Caesar salad or wrap	\$5.00
		TACO TUESDAY 2 Tacos with salad and cheese (1 \$3.50)	\$5.00
		WEDNESDAY Daily Special, Enjoy!	\$5.00
		THURSDAY Beef Lasagne, garlic bread and salad	\$5.00
		FRIDAY Fish, Salad and Wedges	\$5.00
		PASTRIES Monday and Friday ONLY (Thursday Lent)	
		Gluten free sausage roll	\$4.00
		Party pie	\$1.00
		Spinach and Ricotta Roll	\$3.50
		Sausage Roll (beef)	\$3.00
		Cruizier Pie beef or beef with cheese	\$4.50
*Fresh rolls, sandwiches, pita bread wraps - salad is included on all: lettuce, tomato, cucumber and carrot. Please advise if you have a different preference or make a standing order.			
*All hot meals are made fresh daily.			

Cathie Lewis Cafe Manager 8am-3pm

Monday Chicken Ceasar Salad



Thursday Beef Lasagne

